

**Who
am
I?**



WHO are you?

Who you are matters...

We have all been created as unique and valuable people, each with gifts and talents to bring to the world.

You, yes **YOU**, are a **GIFT** to the world.

You may not think that right at the moment, but trust me, you have all that you need within to make a difference to this planet.

Don't compare yourself

It is too easy to compare ourselves with others, thinking that their talents are worth more than anything we have to give. One day, while riding your bike with some mates, you may notice a guy who can do the most amazing jumps. He makes it all seem effortless.

'He is so talented,' you say to yourself. 'I just wish I could ride and do jumps like that.'

*'Be yourself!
Everyone else is
already taken.'
oscar wilde*



Or perhaps you hear your mate play a guitar and you think, 'Wow! That is very cool.' You just wish you could get up on stage and play an instrument with the confidence you see in him.

But here's the thing:
YOU have your gifts and
talents that are **UNIQUE**
to you.

Maybe you are a writer, able to use your imagination to create wonderful stories. Or perhaps you are gifted in sports, you are a brilliant runner, or score goals in a team.

You may be an incredible leader. Whenever you are called to form a group for a school project, you help others share their ideas and opinions, leading the way forward.

Concentrate on the things **YOU** are good at: the talents and gifts that **YOU** have been blessed with.

If we spend time focusing on what others are doing, we will deny them the chance to experience our gifts.

Your gifts & talents

Capable

Caring

Kind

Artistic

Creative with Writing

Confident

Democratic

Capable leader

Confident public speaker

Good mate

Honest

Determined

Loyal

Creative

Intelligent

Sporty

Thoughtful

Loving

Generous

Spirited

Faithful

Playful

Resourceful

Musical

Flexible

** If you don't know what any of these words mean,
make sure you look them up in a dictionary.*

What's in your hand?

Try asking yourself today this question:
'What is in **MY** hand?'

What talents and strengths do you know you have that could help others around you? For examples of these, take another look at the words on the previous page.

Try and think of **FIVE** different talents or strengths you have and write them in the hand below.

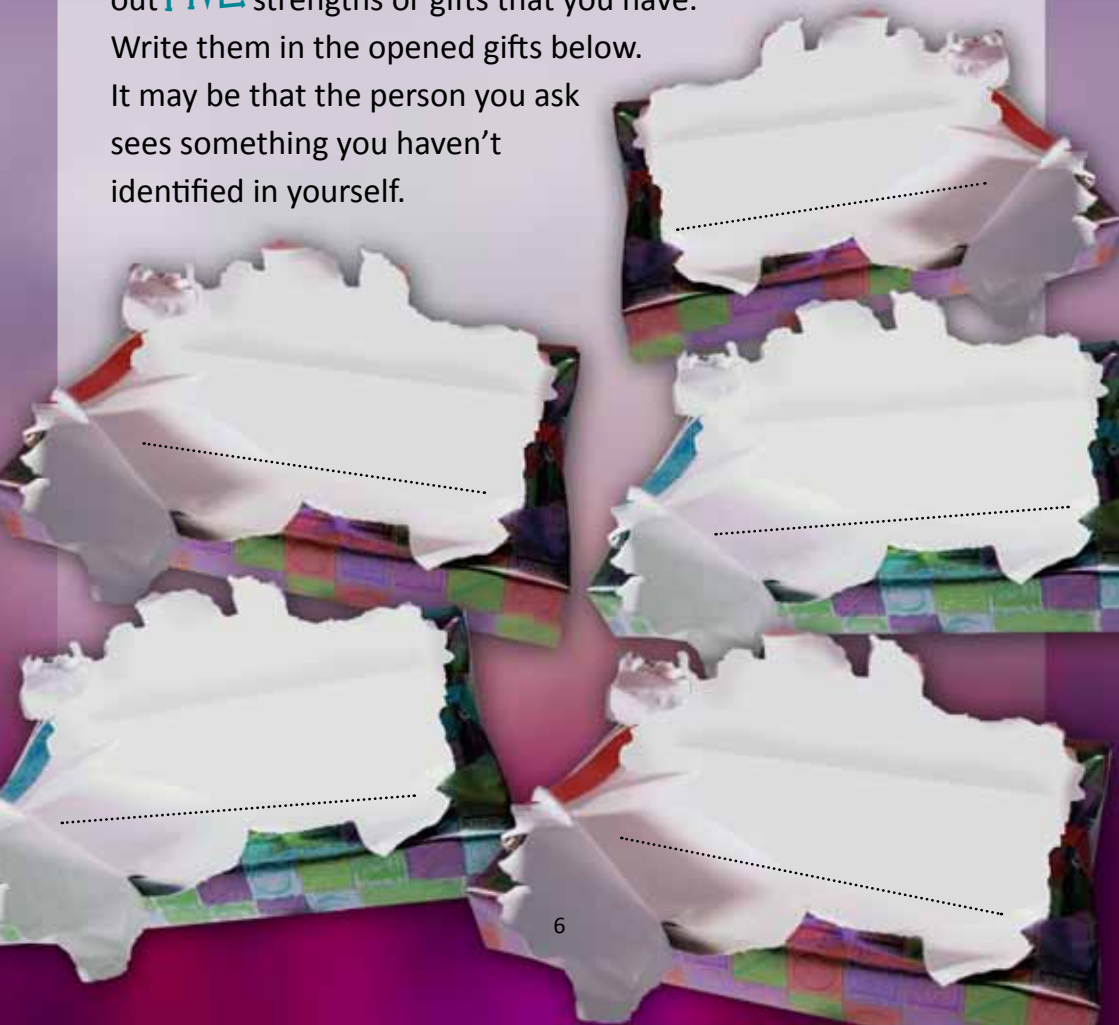





What my friends say are my best gifts and talents...



Interview one of your mates or family members to find out **FIVE** strengths or gifts that you have. Write them in the opened gifts below. It may be that the person you ask sees something you haven't identified in yourself.




Home Connect Search



'I am good at bike riding, swimming, running, soccer and down ball. I can juggle and balance on a big ball at circus school. I love Minecraft.¹ I can ski on two skis, kneeboard, and love having fun on the biscuit² behind our boat with my cousins. I am really good at helping family and friends sort out problems.'

Matthew,
aged 10


Home Connect Search



'I'm really good at maths in school, especially measurement and geometry. Sometimes my friends ask me to help them with their maths because they know I am good at it. I am also a really strong sprinter. If it involves running, I'm good at it. I am also an expert at doing word searches.'


Noah
Smith,
age 11

Home Connect Search



'I am really good at anything active. I am good at running, swimming, riding my bike, doing jumps and tricks on my bike. I'm also clever at working out the games on my iPad.'

Seth
Talbot,
age 10



Home

Connect



Search



Tyson
Sargent,
age 8

'I am good at playing on my iPad, riding my bike and doing jumps on it. I am also very sporty and play football in a team. I am also good at long jump and anything active. I also like to play cards. I like doing word searches and things that make me think.'

Home

Connect



Search



Jacob
Kneebone,
age 8

'I love to play football. It's my hobby and my passion. I love most sports in general, such as football and cricket. I also enjoy video games, writing and reading.'

Home

Connect



Search



Liam
Chester,
age 10

'My strengths are maths, writing, drawing, art, science, tennis, reading and baking.'



YOU are

YOU are an amazing young man

YOU are one of a kind

There has never been and never will be another YOU

YOU have talents, gifts and dreams that no one else in the world has

YOU were created to make a difference to this world, even if you don't fully realise it yet

Who YOU are, both on the inside and what you present to others on the outside, matters

YOU are more capable than you think

YOU are stronger than you imagine yourself to be

YOU are kind

YOU are brave

YOU are full of the most amazing potential

YOU are a gift to this world

Just because YOU are in it





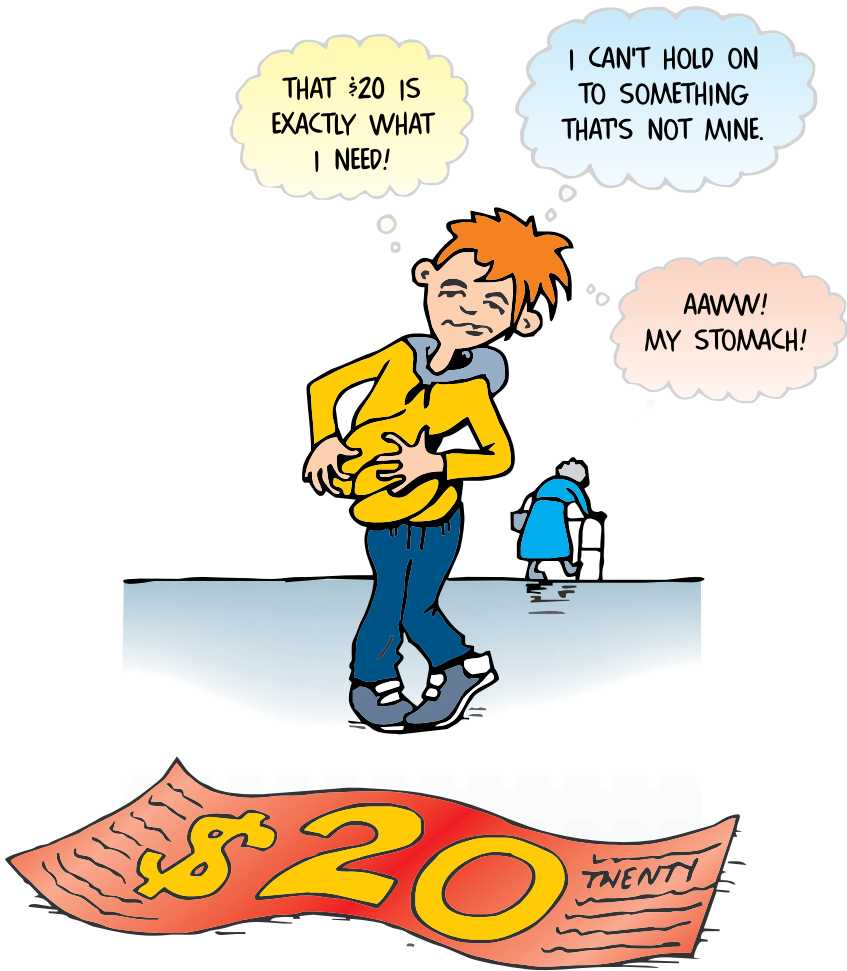
Your character

So what is your **CHARACTER?**

In really simple language, it is who you are and what you stand for. Your character can be described as **WHO** you are when no one is watching.

Friends and family might describe your character using words such as **LOYAL, HUMOROUS, CHEEKY, SMART, SENSIBLE, SENSITIVE, OUTGOING** or even **QUIET**. Think of some characters you might see on television. If you have ever watched the show *The Simpsons*, you will know of Bart. He is a cheeky boy; some would say that he is dishonest, sneaky and rude to his father. He may portray certain characteristics to his dad, Homer, but display other traits to his mum, being generous, loving, and helpful.

For example, someone might act like a loyal and caring mate to someone, but then talk badly about him behind his back or deliberately exclude him from group activities. That behaviour would reveal someone's true character, namely that such a person lacked loyalty and honesty.



Imagine for a moment that you are walking around the local shopping centre. You notice an elderly lady nearby and see that she drops a twenty-dollar note from her handbag while reaching to get her purse. The money falls on the ground near you, but the woman doesn't notice and continues to walk away.

You have a choice to make.





You can choose to pick up the money and quickly put it in your pocket.

***'No one will see me,' you may think to yourself.
'Besides, I've been saving up for a new Playstation game for ages... and that \$20 is exactly what I need!'***

It's now that **CHARACTER** kicks in.

'I can't do that,' you remind yourself. 'I'm an honest person. That's what people notice about me. I can't hold on to something that's not mine.'

You make the right decision, and run after the woman.

***'Here you go,' you say to the shocked woman when she turns back at the sound of your running feet.
'You dropped this 20-dollar note.'***

It can be hard to make a decision like that, putting your character ahead of some selfish desire. It might even be tempting to lie, hiding the truth to protect your reputation in the face of a challenging situation. But it is the **RIGHT THING TO DO**, and you will be proud of yourself for putting character first.

