



*A guide to being YOU!*

Sharon Witt

Girl Wise® – A guide to being YOU!  
Book 1 in the Girl Wise® series

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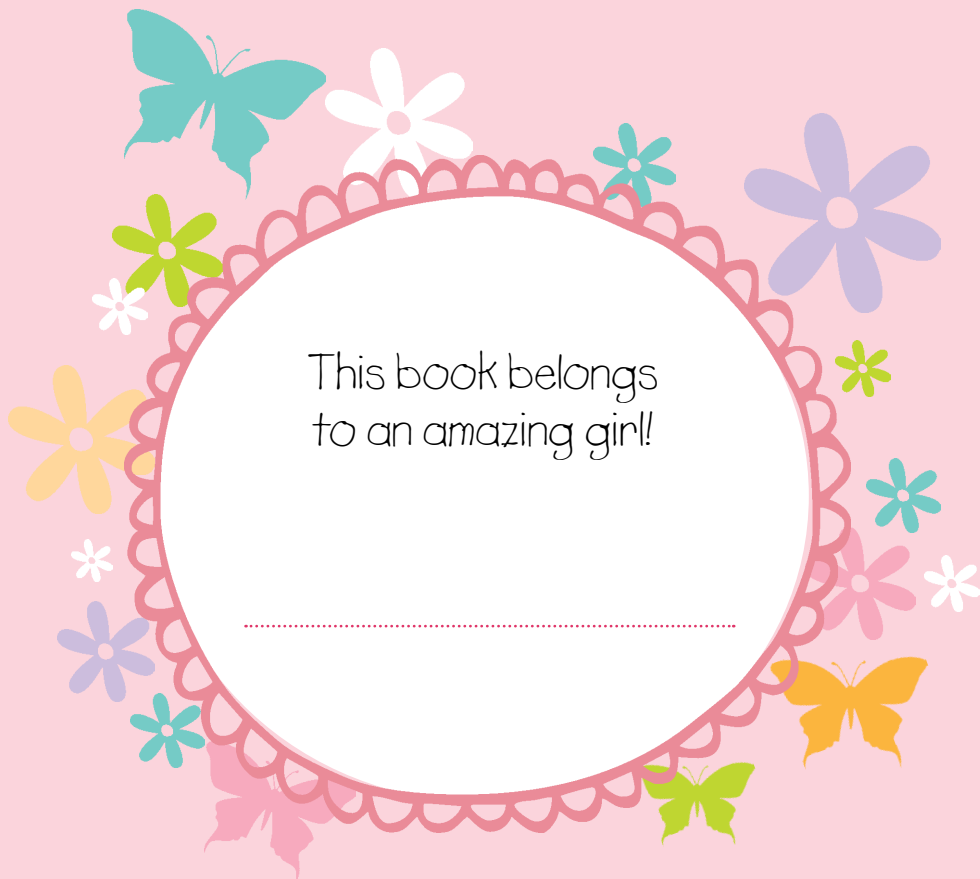
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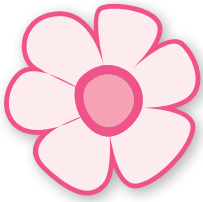
This book belongs  
to an amazing girl!

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You are a wonderful, creative, inspiring,  
Cherished girl!



You are a SHINING STAR!



# Inside....

Welcome

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# Hi there!

Welcome to Girl Wise – a series of books that have been created especially for **YOU!**

Why? Because you are an **INCREDIBLE** and **AMAZING** girl and sometimes you just might need a little bit of encouragement along the way to be reminded just how beautiful and capable you are!

Sometimes, when we are younger, we go through some wonderful times, but also some tough times too. Whether that be problems with friends, worrying about how you look or just feeling a bit down in the dumps – this book is written especially for **YOU!**

I hope you enjoy reading it and just know that you are **NEVER** alone!

You are **AMAZING!** 😊

Love **Sharon**





YOU ARE UNIQUE  
AND VALUABLE

# You are an Amazing Girl!

You are an amazing girl! Yes, **YOU!**

You are capable of so very much that you can probably not even begin to imagine right now.

When you were first born, you had the entire world at your feet!

No matter where you live or where you come from, you can dream up amazing things to do and **BE!**

You have been created as totally unique and valuable.

There has never been – and will never be – another **YOU** in this world.

That makes **YOU** very **SPECIAL!**



**“Always be a first-rate version of yourself  
Instead of a second-rate version of someone else”**

Judy Garland



# You have been created as truly unique and valuable

'I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well..'

Psalms 139:14 NASB

Have you ever walked along a beach that was covered in shells?

Have you ever just stopped and spent hours looking at all the different shapes and sizes?


Have you ever created your own shell collection?

Why would you collect something as simple as shells? Because there is **NEVER EVER** a single shell that is **EXACTLY** the **SAME** as the other.

Some have been washed up after many years in the ocean, while others have had small sea creatures living in them for a while.

They are simply amazing and each and every single one is so uniquely different.





You can find shells that are spiky, some that are smooth, some that are different colours, and others that look like they are covered in glistening pearls. Some are so smooth it seems like they have been washed in the ocean for hundreds of years.

You, my dear girl, are very much like one of those precious sea shells. You have been created as a truly unique and special girl by a God that simply **ADORES** you. You may have some lumps and bumps along the way. You may have scars, both on the inside and the outside, but that makes you more and more precious to those who find you and grow to love **YOU!**

Just like the precious seashells – and there are **MILLIONS** of them all over the world – someone will still pick one up from the sandy shore and say, ‘**YOU** are special. You are unique. I will place you somewhere special’.

**You are cherished!**



“God pays even greater attention to you,  
Down to the last detail –  
even numbering the hairs on your head!”

Luke 12:7 The Message

Have you ever collected **SEASHELLS**?

Next time you go to the beach, look for that **SPECIAL** and **RARE** shell that will remind you that you too are **UNIQUE!**

*"Whatever you are  
Be a good one."*

Abraham Lincoln

*"You are the only  
YOU God made....  
God made you  
and broke the mould."*

Max Lucado

*"Comparison is the  
thief of joy."*

Unknown

*YOU are exactly  
WHO and WHAT and WHERE  
YOU are supposed to be  
And YOU are lovely!  
(anything else would be just plain ridiculous!)*





# How do others describe you??

If your friends, teachers and family were asked to describe **YOU**, what sort of words do you think they might use?

List these here...

.....

.....

.....

.....

.....

Words I would use to describe me are...

.....

.....

.....

.....

.....



# Qualities...

friendly	quiet	humorous
reserved	happy	thoughtful
caring	creative	bright
bubbly	talkative	helpful
organised	observant	musical
strong	loving	studious
gentle	punctual	careful
energetic	sporty	knowing
loud	Godly	sensitive
beautiful	unselfish	generous
inspiring	musical	unique
courageous	confident	imaginative
talented	responsible	organised
compassionate	enthusiastic	capable